

Helping anyone and everyone become a follower of Jesus by encouraging, equipping and empowering families.



Be Slow, Be Doers, Be Religious | James 1:19–27 (ESV)

Notes

Next Steps

*"Love the Lord your God with all your **heart, mind, soul and strength** and your **neighbor** as yourself" (Luke 10:27; Mark 12:30–31).*

- 👉 Do you manage your emotions, or do you tend to let your emotions manage you? Reflect on some experiences where your emotions got the best of you. What do those situations reveal to you today?
- 👉 We are responsible for what we know, for what we've heard. What truth from God's word do you find yourself downplaying or making excuses for? Why do you think that is?
- 👉 James 1:26–27 reveals that real religion has a social dynamic (care for orphans/widows) and a personal dynamic (keeping oneself unstained). Which dynamic do you tend to overlook? How might that be causing your religion to be, to use the words of James, "worthless"?
- 👉 What one change will you make this week for your religion to be more "pure" than it is today? Find someone to share this with so they can help you follow through.
- 👉 Chances are, we've hurt someone at some point with our words and/or anger. Follow up with someone who you need to make things right with, based on how your anger or emotions got the best of you.

WELCOME to The FIVE!

Tonight we continue our message series looking at the book of James in the New Testament. James starts out giving us hope in the midst of our suffering. The writer reminds us that God is at work, redeeming our suffering as our Savior. Therefore we wait with joy, knowing and trusting that God is up to something, even when we don't know that something is. Which is great and wonderful and hopeful ... but it raises another question: What do we do while God does what only God can do? What do we do while we wait? James 1:19–27 answers the question of our waiting in this way: Be slow to anger; be doers of the word, not just hearers; and lastly, be religious. The second half of James 1 reminds us that waiting isn't inactivity, but activity that is rooted in Christ, anchored in hope, and motivated by love.

Thanks again for being here! If you're new, please stop by the Connect Table to say hello.

Peace, *Pastor Bobby*

WORDS YOU MIGHT HEAR TONIGHT...

"Praise Pit"—The open section in the middle of the room where kids (and kids at heart!) are invited to come and sing, clap, dance, and do some hand motions to the songs ... because we believe in joyful, unashamed worship.

"5 Minute Recharge"—Five minutes in the middle of service where you can grab coffee or tea, have some peace and quiet, or meet someone new ... because we believe that Jesus has called us to community with one another.

TONIGHT'S WORSHIP MUSIC

Furious by Jeremy Riddle; *Sound of Adoration* by Jesus Culture; *Champion* by Brian & Katie Torwalt; *King of My Heart* by John Mark McMillan; *Lay Me Down* by Passion

THIS WEEK'S TOP ANNOUNCEMENTS

Here's what you need to know right now...
(see the bulletin for more opportunities)

6.10 Converge Group Picture

If your student is going to Converge, don't forget to meet in the EPICenter on Sunday, June 10 at 11:15 AM for a group photo that will be shared with the church during the commissioning weekend.

Wednesdays James Bible Study

Take the study of James a step further. Join a follow-up Bible study at one of these places:

- Brickhouse Coffee & Kitchen (Lockwood Blvd.) — 10 AM
- Panera Bread Oviedo (Oviedo at the Park) — 7 PM

No advance prep required; discuss the text we explored during the weekend message, focusing on sections we didn't cover.

6.20 World Refugee Day Celebration

Take your family to a fun, free event to celebrate and support refugees in the Orlando area; hosted by the Department of Children and Families; at Summit Church Herndon, Saturday, June 16, from 10 AM–2 PM. [Raffles; free food, entertainment and kid's activities.]

6.21 Beach Day

Meet us at Cherie Downs Park in Cape Canaveral (8830 Ridgewood Ave., 32920) from 10 AM–2 PM. Parking is free but may fill up, so you may want to arrive sooner than later and/or carpool. Bring a picnic lunch! See you there!

Check the bulletin for details ...

- Blood Drive—Sunday, 8 AM–1 PM
- Items we're collecting for the missions trip to Jackie's House.
- How to get just the emails you want from UCUMC.

RESOURCES & GROUPS

We are in "summer mode" for many groups and studies. Check the web site or watch for news about special events and fall start-ups.

CHILDREN

During the Saturday service, we offer nursery care up to age 5(K) and classes for all ages.

EPIC STUDENT MINISTRY

Middle and High School nights are on summer break; Venture Bible study is Saturdays during the FIVE; Freestyle Bible study Sundays at 10:15 AM. *Watch BoredonSunday.com for summer event information.*

► UNIVERSITY CARILLON EARLY LEARNING CENTER ◀

Age 2, Age 3, **FREE VPK**; **REGISTERING NOW for FALL!**

Call 407.359.2629. (DCF license #C185E0089)

Listen to sermons & get all the current info at www.atTheFIVE.net | Instagram ("at_the_five")

STAYING CONNECTED OVER THE SUMMER ... AND BEYOND!



Starting tonight, you can go to The FIVE at UCUMC on Facebook at 5:30 on Saturday night and click on our **Facebook Live** worship service. Take advantage of

this opportunity to engage in worship when you're away!

PARENTS: This video will be shot from the media booth (focused on the stage, showing the congregation from the back). We have moved the Praise Pit back into the aisle, to minimize the chance that your child could be seen on screen. If you have any questions or concerns, please talk to a pastor.



The UCUMC APP is coming!

We're developing an app that will give you a quick and easy way to connect to the church. You'll be able to check in, engage with sermons, keep track of events ... even give ... quickly and securely.



300 Seconds

(Take five minutes to talk with your kids about tonight's children's ministry lesson)

Tonight we looked at Judges 6–8. When God called Gideon to lead the Israelites, Gideon doubted God would really want him to help. Gideon was from the smallest tribe, the smallest family, and he was the smallest of his family! God wanted him anyway, and eventually Gideon learned that God could use him no matter what!

BOTTOM LINE: *God can use you no matter what.* Big or small, young or old, God can use people to do amazing things. We pray that whether kids feel like Gideon or have the confidence of an extreme sports superstar, kids will realize that God can use them.



Kale Salad

(printed by popular demand ... from last weekend's covered dish dinner)

Credit: Raquel Morales

DRESSING INGREDIENTS

- (Raquel *triples* the dressing)
- 2 ½ tablespoons lemon juice
 - 2 tablespoons Bragg's liquid amino (can be found at Publix)
 - ½ teaspoon onion powder
 - 2½ tablespoons olive oil
 - 2 tablespoons water
- Mix all ingredients together.

SALAD INGREDIENTS

- 1 bag of kale, remove hard stems
 - 1 bunch of green onions
 - 1 can of black olives sliced
 - 1 red pepper sliced
- Mix salad ingredients. Pour dressing over salad, mix well and marinate at least a day before serving.